2022 - 2023 Benefits at a Glance

Section 125 Enrollment Information



Andrea Koster, Benefits Coordinator/Payroll Clerk (785) 922-6561 • akoster@usd473.net

All benefits and rates represented in this file are applicable only to the benefit period stated above. Benefits and rates are subject to change each benefit period. Please refer to your employer's benefits department for verification. Please note this brochure features *plan highlights only*. It is not a contract of insurance. The benefits are determined by the terms and conditions of the policy and certificates alone. Underwriting information and policy numbers are provided for each product. Please refer to your plan certificate(s), policies, and brochures for more detailed information. If a difference exists between this summary and the policy, the policy governs.

You may obtain a detailed brochure for each product at enrollment or by visiting https://secure.benebridge.com/assn/26. (see page 10 for more information and instructions)

Enrollment Dates & Times

Monday August 29th

Rural Center Elementary School 7:45am - 12:00pm Enterprise Elementary School 1:00pm - 4:15pm

Tuesday August 30th

Chapman Elementary School 7:30am - 2:30pm Chapman Middle School 8:00am -4:00pm

Wednesday August 31st

Chapman High School 8:00am -4:00pm

Thursday September 1st

Blue Ridge Elementary School 7:45am -12:00pm Education Center 1:00pm -4:00pm

Blue Cross - Blue Shield

As a homegrown company, established in Kansas in 1942, BCBS of Kansas has been historically sensitive to the desires of Kansans. Their daily mission is to provide their members the highest level of service available. Blue Cross and Blue Shield of Kansas is especially proud to report that in their 103county Kansas service area, 98 percent of physicians and general acute care hospitals, and 94 percent of other providers gladly accept a Blue Cross card. What's more, through BlueCard®, members have access to more than 90 percent of all doctors and 80 percent of hospitals in the U.S., as well as providers in more than 200 countries and territories worldwide. In addition to a large network, members have the freedom of seeing a specialist without needing a referral from their PCP and several resources available to them for a healthier lifestyle.



Health Plan https://secure.benebridge.com/brochures/ofg/usd473/health.pdf

Maximum benefits are available when services are received from Blue Choice providers. Your financial responsibility is based on the provider network you select. Non-Blue Choice & Non-CAP: Difference between the payment allowance and provider charge, additional 20% coinsurance amount, deductible, coinsurance or copay amount CAP (Non-Blue Choice): Additional 20% coinsurance amount,* deductible, coinsurance or copay amount Blue Choice: Deductible, coinsurance or copay amount *Limited to a combined \$2,000 per person, \$4,000 two-or-more persons each benefit period.

Member Pays

Deductible (Per group anniversary

benefit period)

Option A \$1,500 individual /\$3,000 two persons /\$3,500 three or more persons Option B \$2,000 individual / \$4,000 two persons / \$5,000 three or more persons Option C \$2,500 individual /\$5,000 two persons / \$6,500 three or more persons

Option D \$5,000 individual/\$10,000 two or more persons

Coinsurance (Member portion for

most services)

Option A, B, C 20% of allowed amounts after deductible has been met Option D 0% of allowed amounts after deductible has been met

Coinsurance Maximum

\$1,000 individual /\$2,000 two persons / \$3,000 three or more persons Option A \$1,500 individual /\$3,000 two persons / \$4,500 three or more persons Option B \$2,000 individual / \$4,000 two persons / \$6,000 three or more persons Option C

Not Applicable Option D

Annual Out-of-Pocket Maxi-

mum (includes copays, deductible

and coinsurance)

All Options

\$6,350 individual / \$12,700 two-or-more persons

After the annual out-of-pocket amount has been reached (deductible/coinsurance/copays), eligible benefits will be paid at 100% of the allowed amount for the remainder of the benefit period.

Doctor's Office Visits

Home and Office Visits

Option A, B & C \$35 office visit copay
Option D Deductible/Coinsurance

Preventive Care as defined by the Affordable Care Act

Paid at 100% of the allowable charge. Some of the services include: Routine screenings, Immunizations, Well-women visits/screenings, Contraceptives

Prescription Drugs & Mail Order

Option A, B and C

ResultsRx BlueRx Card

Generic \$15 per 30 days, *ESN \$30 per 31-90 Days

Preferred Brand - \$50 per 30 days, *ESN \$100 per 31-60 days, \$150 per 61-90 days Non-Preferred Brand - \$75 per 30 days, *ESN \$150 per 31-60 days, \$225 per 61-90 days

Mail Order 2.5 Times Co-pays

Preferred Specialty - \$150 per 30 days, Prime Therapeutics Exclusive Specialty Network Non-Preferred Specialty - 20% to \$1,000 per 30 days, Prime Therapeutics Exclusive Specialty Network

*ESN (Extended Supply Network Pharmacy)

Option D

ResultsRx BlueRx Card, AFTER Deductible

Generic \$15 per 30 days, *ESN \$30 per 31-90 Days

Preferred Brand - \$50 per 30 days, *ESN \$100 per 31-60 days, \$150 per 61-90 days Non-Preferred Brand - \$75 per 30 days, *ESN \$150 per 31-60 days, \$225 per 61-90 days

Mail Order 2.5 Times Co-pays

Preferred Specialty - \$150 per 30 days, Prime Therapeutics Exclusive Specialty Network

Non-Preferred Specialty - 20% to \$250 per 30 days, Prime Therapeutics Exclusive Specialty
Network

*ESN (Extended Supply Network Pharmacy)

	Employee	Employee/Children	Employee/Spouse	Employee/ Dependents
Option A	\$742.00	\$1308.00	\$1322.00	\$1894.00
Option B	\$664.00	\$1168.00	\$1182.00	\$1694.00
Option C	\$635.00	\$1119.00	\$1130.00	\$1621.00
Option D	\$507.00	\$894.00	\$902.00	\$1294.00

Other

Maximum Lifetime Unlimited

Benefit

Eligible Dependents Covered to age 26

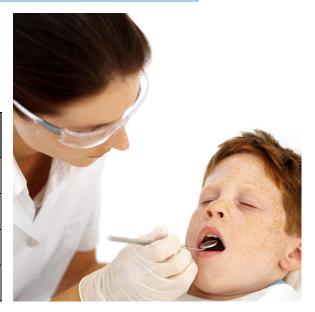
Dental Coverage Information

With Delta Dental of Kansas you receive the expertise of the largest, most experienced dental benefits carrier in the nation, paired with our unparalleled customer service. Together with your employer, we have designed a dental benefit plan to help protect the oral health of you and your covered dependents. Regular preventive dental care not only reduces the cost and the pain generally associated with extensive dental work, but a healthy mouth contributes to your overall well-being.

Delta Dental-https://secure.benebridge.com/brochures/ofg/usd473/dental.pdf - for details

Dental Plan Benefits		
Annual deductible	\$50 x 3	
Diagnostic/preventive services Cleanings/fluoride	100%	
Basic services Simple extractions/ fillings	80%	
Major services Crowns/dentures/caps/bridge	50%	
Annual Maximum Benefit	\$1,500 per person per plan year	
Orthodontics Dependent Children under 19 \$1000 lifetime maximum	50%	

Coverage Level	Monthly Rates
Employee	\$33.33
Employee + Spouse	\$76.61
Employee + Children	\$79.81
Family	\$119.87



Vision Coverage Information-MetLife

The MetLife policy is designed for the areas which have providers in the MetLife network and this covers a wide range of vision care needs. Many services are covered in full and some have a small deductible. This plan also has partial coverage for many lens options. In-Network benefits are listed below and Out-of-Network coverage is available but is limited. - https://secure.benebridge.com/brochures/common ofg/met vision high.pdf

Annual Eye Exam Covered in Full after \$10 copay

Lenses (per pair) Single Vision Covered in Full after \$25 copay **Bifocal** Covered in Full after \$25 copay Trifocal Covered in Full after \$25 copay Lenticular Covered in Full after \$25 copay

Progressive See lens options

Contacts

Covered in Full after \$60 maximum copay Fit & Follow Up Exams

Elective

Medically Necessary Covered in Full after eyewear copay

Frames \$130 after \$25 eyewear copay

Frequencies (months) Once every 12 months

Exam/Lens/Frame





Additional Benefits

Second Pair This benefit gives you additional eyewear coverage. You can get: Two pairs of prescription eyeglasses, or One pair of prescription eyeglasses and an allowance toward con-

tact lenses, or Double your contact lens allowance

In -network value added features

Additional lens enhancements: In addition to standard lens enhancements, enjoy an average 20-25% savings on all other lens enhancements

glasses

Savings on Glasses and Sun- Get 20% savings on additional pairs of prescription glasses and non-prescription sunglasses, including lens enhancements.

Laser Vision Correction

Savings averaging 15% off the regular price or 5% off a promotional offer for laser surgery including PRK, LASIK and Custom LASIK. This offer is only available at

MetLife	Full Monthly Cost
Employee	\$11.85
Employee + Spouse	\$23.75
Employee + Children	\$20.12
Family	\$33.17

Group Term Life Insurance

The group term life insurance offered through your Section 125 plan, as underwritten by RSL, provides a simple way to secure coverage at low group rates.

Plan Features:

- Guarantee issue by attained age (initial enrollment only): 5 times annual salary (up to) \$200,000
- Additional coverage amounts up to 5 times salary, not to exceed \$500,000. Additional coverage requires completion of underwriting questionnaire and acceptance by the company.
- Accelerated death benefit of up to 50% of your life benefit not to exceed a max of \$50,000.
- Portability allows you to continue this insurance program for you & your dependents should you leave your employer for any reason.

RSL - https://secure.benebridge.com/brochures/common_ofg/rsl_term_life_100+.pdf

Coverage for spouse limited to 50% of employee's insured amount (less than age 60 guarantee issue \$25,000 for new hires; all other are underwritten).

Premiums will change automatically each year when you attain an age that qualifies you for a new age bracket rate. Benefits reduced at age 70 for the insured & decrease every five years thereafter. Spousal coverage terminates at age 70.

Children Coverage: \$10,000 or \$20,000

6 months to age 19 (25 if a full-time student)

When Employee Voluntary Life Insurance Ends: Your Voluntary Life Insurance ends if: 1. your employment ends; 2. you are no longer Actively-At-Work; 3. premiums are not paid; 4. you are no longer an eligible employee; 5. Voluntary Life Insurance is no longer provided by the Participating Employer; 6. the policy terminates; 7. you enter the military, naval or air force of any country or international organization on a full-time active-duty basis.; or 8. the Participating Employer's coverage under the policy ends.

Short Term Disability Insurance

In this time of insurance of on everything you own (your house, your car, your boat) and on your health, many people completely disregard one of their most valuable assets: their income.

The disability income protection offered in your Section 125 plan by Reliance Standard Life Insurance Company lets you insure a portion of your income should you become disabled and not able to work.

Some of the Plan Features

- Enrollment will insure 66 2/3% of your salary (rounded up to the next largest \$100 amount) not to exceed \$7,500 monthly benefit
- You may elect an elimination period of 14, 30, 60, or 90 days for Sickness or Injury.
- Benefits are paid monthly for a period determined by subtracting the waiting period elected by you from 26 weeks.
- Benefits are coordinated with your employer paid "sick leave." If you are receiving "sick leave" benefits from your employer, the disability benefit will be reduced. This plan does not require you to take your "sick leave."

Disability Insurance - https://secure.benebridge.com/brochures/common_ofg/rsl_disability.pdf

Flexible Spending Accounts

Why should you choose to participate in a Flexible Spending Account?

A Flexible Spending Account (FSA), also known as a reimbursement account, allows you to pay for a variety of out-of-pocket health care and dependent care expenses pre-tax. Putting money into a FSA before you pay taxes on it saves you money by lowering your taxable income. The result? You pay less in taxes each year. There are two types of FSAs available to you at USD 473:

1) Healthcare Flexible Spending Account or Limited Purposed for High Deductible Plans

A healthcare flexible spending account (FSA) is an employer-sponsored benefit that allows you to set aside pre-tax dollars into an account to be used for eligible medical expenses. Contributions to the FSA are deducted from your paycheck on a pre-tax basis, reducing your taxable income. You may increase your spendable income by an average of 30% of your annual contribution with the tax savings. (\$2,850 per plan year max, \$570 rollover.)

2) Dependent Care Flexible Spending Account

A dependent care account (DCA) is a flexible spending account that allows you to contribute a portion of your paycheck before taxes are taken out to pay for qualified dependent care expenses so that you can work or look for work. (\$5,000 per plan year max, no rollover.)

Increase Your Take Home Pay	With FSA	Without FSA
Annual Gross Pay	\$30,000	\$30,000
FSA Contributions	<u>-\$2,400</u>	<u>\$0.00</u>
Taxable Income	\$27,600	\$30,000
Deductions From Pay (Fed Inc Tax (assumes 30% tax bracket), FICA Tax, State Inc Tax)	-\$8,280	-\$9,000
Healthcare Expenses	<u>\$0.00</u>	<u>-\$2,400</u>
After-Tax Take Home Pay	\$19,320	\$18,600
Annual Tax Savings	\$720	\$0.00

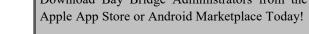
REMINDER - Always request a DETAILED RECEIPT from the provider, even when using the FSA Debit Card. The IRS requires you keep them for your tax records, and you will also need them if your FSA vendor requests substantiation that an expense is a qualified FSA expenditure.

Account Access as Mobile as You Are!

Have the account information you need, right when you need it most. The Bay Bridge Administrators mobile app makes it easy to manage your flexible spending accounts on the go. The secure mobile app gives you access to your FSA with the following features:

- Free application available for Apple or Android smart devices
- Gain instant access by entering the same username and password that you create at baybridge.wealthcareportal.com
- View account balances and transaction history
- Attach receipts by taking a photo
- Add or edit text message alerts
- Contact the administrator for assistance

Download Bay Bridge Administrators from the



Medical Expense Reimbursement - https://secure.benebridge.com/brochures/common_ofg/med_reim.pdf Dependent Care - https://secure.benebridge.com/brochures/common ofg/dep care.pdf

Individual Accident Insurance

WHEN AN ACCIDENT HAPPENS...

Your Expenses Increase . . . for treatments, medication, co-payments and deductibles. Your Income Decreases due to missed work.

All the while your everyday expenses do not stop. House payments or rent, utilities, credit card bills, and all other monthly obligations continue on their regular schedule.

PLAN PAYS YOU!!!

The Plan pays money directly to you and you can use the money any way you want.



The Bronze, Silver, and Gold Options includes benefits for Accidental Death and Dismemberment, Dislocations and Fractures, Accident Hospital Indemnity, Ambulance, Accident Medical Expense.

*Pays regardless of other coverage

*Guaranteed Renewable to age 70

*Portable (take it with You)

*In- and out-of-hospital benefits

Individual Accident - https://secure.benebridge.com/brochures/common ofg/accident.pdf - for rates and details

Individual Cancer and Specified Disease Insurance

When Cancer Strikes...

- ~ Expenses increase. . . travel & lodging to and from treatment, medication, co-payments, special diets, and treatment not covered by health insurance, etc.
- ~ Income decreases. . . missed work for both you and your spouse (will you be able to afford to have your spouse with you when you have to go to treatment?)

PLAN PAYS YOU!!!

- Major medical pays the doctor and hospital
- This Plan pays money directly to you and you can use the money any way you want

Highlights...

- * Pays regardless of other coverage
- * Covers certain transportation and lodging
- * Wellness Benefits
- * Donor Benefits

- * In and out of hospital benefits
- * Many benefits have no lifetime maximum
- * Portable (take it with you)
- * Renewable for life
- * Premiums for this policy are based on issue age on the effective date of the policy. You lock in your age class for the life of the policy. The premium for this policy and rider if selected may change but will not change because you attain the next premium rate age classification.

Individual Cancer - https://secure.benebridge.com/brochures/common_ofg/cancer.pdf - for rates and details

Heart Attack, Heart Disease, Stroke Insurance

With Optional Benefits for Intensive Care and Cancer First Diagnosis

WHEN YOU EXPERIENCE A HEART ATTACK, STROKE OR HEART DISEASE WHAT HAPPENS TO YOUR FINANCIAL SITUATION?

- ~ Your expenses increase. . . for medications, co-payments, deductibles and other medical costs.
- ~ Your recovery could take weeks or months resulting in lost wages.

PLAN PAYS YOU!!!

The Plan pays money directly to you and you can use the money any way you want.

Highlights...

- * Pays regardless of other coverage
- * Portable (take it with you)

- * In and out of hospital benefits
- * Renewable for life
- * Premiums for this policy are calculated at age at issue class as of the effective date of the policy. You lock in your age class for the life of the policy. The premium for this policy and riders, if selected, may change but will not change because you attain the next premium rate age classification.

Individual Heart & Stroke - https://secure.benebridge.com/brochures/common_ofg/heartstroke.pdf - for details



Monthly Premium Rates Per Unit Base Policy

Issue Age Band	Employee	Employee + Spouse	Employee + Child(ren)	Family
Under 30	3.17	6.34	4.14	7.31
30 - 44	10.26	20.52	11.23	21.49
45 - 59	23.23	46.46	24.19	47.42
Over 59	46.14	92.27	47.10	93.24

Health Savings Account

Health Savings accounts are a tax-advantaged personal savings account that can be used to pay for medical, dental, vision, and other qualified expenses now or later in life.

Plan Features:

- Money goes in tax-free
- Money comes out tax-free when used on eligible purchases
- Earn interest, tax free—interest earned is not considered taxable income when used for eligible medical expenses
- Can be used to pay for co-pays, deductibles, coinsurance, vision, dental care and certain medical supplies are covered
- Contributions can be made in one or more payments at any time after the tax year has begun

In order to contribute, you must be enrolled in a qualified HDHP, not covered under a secondary health insurance plan, not enrolled in Medicare, and not another person's dependent.

Contributions can be made by the eligible employee, their employer, or any other individual. Annual contributions may not exceed \$3650 for singles and \$7300 for families. Individuals aged 55 and over may make an additional \$1000 catch up contribution.

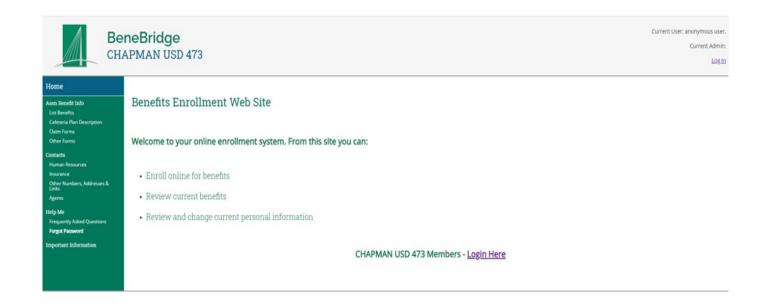
Health Savings Account money is yours to keep. Unused money isn't forfeited at the end of the year, it continues to grow, tax-deferred.

The previous information is for summary purposes only. If you would like to see a full brochure of the individual product, go to the following link & follow these instructions below.

Chapman USD 473 BeneBridge web page: https://secure.benebridge.com/assn/26

On the left side click "List Benefits" for the individual products full brochure.

If you would like to be able to log in to view what you are currently enrolled in, please follow the instructions in the self-enrollment guide.



Retirement Reality*

- ⇒ 2 out of 3 retirees are unable to maintain standard of living in retirement
- ⇒ 56% of Americans have less than \$10,000 saved for retirement
- \Rightarrow \$6.6 trillion retirement income gap for those between the ages of 32-64
- ⇒ 38.3 million working-age households (45%) have \$0.00 retirement account assets
- \Rightarrow 50% of retirees retire earlier than planned
- ⇒ 75% expect to work in retirement; 25% actually can and do
- \Rightarrow 80% of working households have retirement savings less than 1x their annual income



With the options of a 403(b) plan, you have the opportunity to begin the process of saving for your retirement future.

It's easy to do:

- Set up your account with one of the approved providers. They will assist in determining an investment strategy that best fits your investment objective risk tolerance & financial circumstance.
- Determine the amount of money you want to deduct from your check on a per-pay period basis. The money will be withheld from your check and invested into your established account.

It's really that easy! Contact one of the approved providers to get started!

403(b) Retirement Plan Highlights

Contributions

What kinds of contributions may be made to this plan?

- This plan provides for pre-tax salary reduction contributions, post-tax Roth salary reduction contributions, and rollovers. There are no employer contributions.
- Pre-tax contributions are deducted **before** you pay current income taxes. Pre-tax investments grow tax-deferred and the contributions and any earnings are taxed when you take a distribution from this plan.
- Post-tax Roth contributions are deducted <u>after</u> you pay current income taxes. Earnings on post-tax Roth contributions will never be taxed if you are 59 ½, die, or become disabled and have held the Roth account for 5 years at the time of its distribution from this plan.
- You may transfer benefits from a former employer's eligible retirement plan into this plan.

How much may I contribute?

- You can contribute up to 100% of your compensation to this plan up to the limit allowed under the Internal Revenue Code (\$20,500 in 2022).
- If you are age 50 or older you can contribute a "catch-up" contribution of up to \$6,500 (2022).

Can I ever lose my benefits?

• You are always 100% vested in your salary reduction contributions. This means the value of your contributions and earnings are yours when you terminate employment with your employer, without respect to your years of service.

What do I have to do to start contributing?

Automatic payroll deduction withdraws your contributions directly from your paycheck after you complete a Salary Reduction Agreement and return it to your financial representative or your employer.
 You may commence making contributions or modify the amount of your current contributions at any time by modifying your Salary Reduction Agreement.

Investments

Where are my contributions invested?

You may choose the 403(b) custodial account or annuity contract you want from the list of approved investment providers and 403(b) investment products located on the Bay Bridge website, https://www.bbadmin.com/sfr_select_employee.php?id=26

How are my contributions invested?

- You select how you want your contributions to be invested from among the investment options available under each approved investment provider's product.
- Your investment provider's custodial account or annuity contract will determine how often you may change your investment mix.

NEW HEALTH INSURANCE MARKETPLACE COVERAGE OPTIONS AND YOUR HEALTH COVERAGE

PART A: General Information

When key parts of the health care law take effect in 2014, there will be a new way to buy health insurance: The Health Insurance Marketplace. To assist you as you evaluate options for you and your family, this notice provides some basic information about the new Marketplace and employment-based health coverage offered by your employer.

What is the Health Insurance Marketplace?

The Marketplace is designed to help you find health insuance that meets your needs and fits your budget. The Marketplace offers "one-stop shopping" to find and compare private health insurance options. You may also be eligible for a new kind of tax credit that lowers your monthly premium right away. Open enrollment for health insurance coverage through the Marketplace begins in October 2013 for coverage starting as early as January 1, 2014.

Can I Save Money on my Health Insurance Premiums in the Marketplace? You may qualify to save money and lower your monthly premium, but only if your employer does not offer coverage, or offers coverage that doesn't meet certain standards. The savings on your premium that you're eligible for depends on your household income.

Does Employer Health Coverage Affect Eligibility for Premium Savings through the Marketplace?

Yes. If you have an offer of health coverage from your employer that meets certain standards, you will not be eligible for a tax credit through the Marketplace and may wish to enroll in your employer's health plan. However, you may be eligible for a tax credit that lowers your monthly premium, or a reduction in certain cost-sharing if your employer does not offer coverage to you at all or does not offer coverage that meets certain standards. If the cost of a plan from your employer that would cover you (and not any other members of your family) is more than 9.5% of your household income for the year, or if the coverage your employer provides does not meet the "minimum value" standard set by the Affordable Care Act, you may be eligible for a tax credit.1

Note: If you purchase a health plan through the Marketplace instead of accepting health coverage offered by your employer, then you may lose the employer contribution (if any) to the employer-offered coverage. Also, this employer contribution -as well as your employee contribution to employer-offered coverage- is often excluded from income for Federal and State income tax purposes. Your payments for coverage through the Marketplace are made on an after-tax basis.

How Can I Get More Information?

For more information about your coverage offered by your employer, please check your summary plan description or contact:

Andrea Koster 822 N Marshall Chapman, Kansas 67431 (785) 922-6561 akoster@usd473.net

The Marketplace can help you evaluate your coverage options, including your eligibility for coverage through the Marketplace and its cost. Please visit HealthCare.gov for more information, including an online application for health insurance coverage and contact information for a Health Insurance Marketplace in your area.

PART B: Information About Health Coverage Offered by Your Employer

This section contains information about any health coverage offered by your employer. If you decide to complete an application for coverage in the Marketplace, you will be asked to provide this information. This information is numbered to correspond to the Marketplace application.

Employer Name: Chapman Public Schools USD 473

Employer EIN: 48-0722069
Employer Address: 822 N Marshall
Chapman KS 67431

Employer Phone Number: (785) 922-6521

Here is some basic information about health coverage offered by this employer:

As your employer, we offer a health plan to:

- ☑ Some employees. Eligible employees are
 All full-time eligible employees working 30 or more hours per week
- With respect to dependents:
 - We do offer coverage. Eligible dependents are: Legal spouse and dependents
- ☑ If checked, this coverage meets the minimum value standard, and the cost of this coverage to you is intended to be affordable, based on employee wages.

Note: Even if your employer intends your coverage to be affordable, you may still be eligible for a premium discount through the Marketplace. The Marketplace will use your household income, along with other factors, to determine whether you may be eligible for a premium discount. If, for example, your wages vary from week to week (perhaps you are an hourly employee or you work on a commission basis), if you are newly employed mid-year, or if you have other income losses, you may still qualify for a premium discount.

NOTICE OF SPECIAL ENROLLMENT RIGHTS

If you are declining enrollment for yourself or your dependents (including your spouse) because of other health insurance or group health plan coverage, you may be able to enroll yourself and your dependents in this plan if you or your dependents lose eligibility for that other coverage (or if the employer stops contributing toward your or your dependents' other coverage). However, you must request enrollment within 30 days after your or your dependents' other coverage ends (or after the employer stops contributing toward the other coverage).

If you have a new dependent as a result of marriage, birth, adoption, or placement for adoption, you may be able to enroll yourself and your dependents. However, you must request enrollment within 30 days after the marriage, birth, adoption, or placement for adoption.

If you or your dependent(s) lose coverage under a state Children's Health Insurance Program (CHIP) or Medicaid, you may be able to enroll yourself and your dependents. However, you must request enrollment within 60 days after the loss of CHIP or Medicaid coverage.

If you or your dependent(s) become eligible to receive premium assistance under a state CHIP or Medicaid, you may be able to enroll yourself and your dependents. However, you must request enrollment within 60 days of the determination of eligibility for premium assistance from state CHIP or Medicaid.

To request special enrollment or obtain more information, contact Andrea Koster at 822 N Marshall, Chapman, Kansas 67431, (785) 922-6521, akoster@usd473.net.

NOTICE OF PRIVACY PRACTICES

Chapman Public Schools USD 473 822 N Marshall Chapman, Kansas 67431 (785) 922-6521

Privacy Official:

Andrea Koster 822 N Marshall Chapman, Kansas 67431 (785) 922-6521 akoster@usd473.net Effective Date: 10/01/2021

Your Information. Your Rights. Our Responsibilities.

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. **Please review it carefully.**

Your Rights

You have the right to:

- Get a copy of your health and claims records
- Correct your health and claims records
- Request confidential communication
- Ask us to limit the information we share

- Get a list of those with whom we've shared your information
- Get a copy of this privacy notice
- Choose someone to act for you
- File a complaint if you believe your privacy rights have been violated

Your Choices

You have some choices in the way that we use and share information as we:

- Answer coverage questions from your family and friends
- Provide disaster relief
- Market our services and sell your information

Our Uses and Disclosures

We may use and share your information as we:

- Help manage the health care treatment you receive
- Run our organization
- Pay for your health services
- Administer your health plan
- Help with public health and safety issues
- Do research
- Comply with the law
- Respond to organ and tissue donation requests and work with a medical examiner or funeral director
- Address workers' compensation, law enforcement, and other government requests
- · Respond to lawsuits and legal actions

Your Rights

When it comes to your health information, you have certain rights. This section explains your rights and some of our responsibilities to help you.

Get a copy of health and claims records

- You can ask to see or get a copy of your health and claims records and other health information we have about you. Ask us how to do this.
- We will provide a copy or a summary of your health and claims records, usually within 30 days of your request. We may charge a reasonable, cost-based fee.

Ask us to correct health and claims records

- You can ask us to correct your health and claims records if you think they are incorrect or incomplete. Ask us how to do this.
- We may say "no" to your request, but we'll tell you why in writing within 60 days.

Request confidential communications

- You can ask us to contact you in a specific way (for example, home or office phone) or to send mail to a different address.
- We will consider all reasonable requests, and must say "yes" if you tell us you
 would be in danger if we do not.

Ask us to limit what we use or share

- You can ask us not to use or share certain health information for treatment, payment, or our operations.
- We are not required to agree to your request, and we may say "no" if it would affect your care.

Get a list of those with whom we've shared information

- You can ask for a list (accounting) of the times we've shared your health information for six years prior to the date you ask, who we shared it with, and why.
- We will include all the disclosures except for those about treatment, payment, and health care operations, and certain other disclosures (such as any you asked us to make). We'll provide one accounting a year for free but will charge a reasonable, cost-based fee if you ask for another one within 12 months.

Get a copy of this privacy notice

You can ask for a paper copy of this notice at any time, even if you have agreed to receive the notice electronically. We will provide you with a paper copy promptly.

Choose someone to act for you

- If you have given someone medical power of attorney or if someone is your legal guardian, that person can exercise your rights and make choices about your health information.
- We will make sure the person has this authority and can act for you before we take any action.

File a complaint if you feel your rights are violated

- You can complain if you feel we have violated your rights by contacting us at:
 Andrea Koster
 822 N Marshall
 Chapman, Kansas 67431
 (785) 922-6521
 akoster@usd473.net
- You can file a complaint with the U.S. Department of Health and Human Services Office for Civil Rights by sending a letter to 200 Independence Avenue, S.W., Washington, D.C. 20201, calling 1-877-696-6775, or visiting www.hhs.gov/ocr/privacy/hipaa/complaints/.
- We will not retaliate against you for filing a complaint.

Your Choices

For certain health information, you can tell us your choices about what we share. If you have a clear preference for how we share your information in the situations described below, talk to us. Tell us what you want us to do, and we will follow your instructions.

In these cases, you have both the right and choice to tell us to:

- Share information with your family, close friends, or others involved in payment for your care
- Share information in a disaster relief situation

If you are not able to tell us your preference, for example if you are unconscious, we may go ahead and share your information if we believe it is in your best interest. We may also share your information when needed to lessen a serious and imminent threat to health or safety.

In these cases we *never* share your information unless you give us written permission:

- Marketing purposes
- Sale of your information

Our Uses and Disclosures

How do we typically use or share your health information?

We typically use or share your health information in the following ways.

Help manage the health care treatment you receive

We can use your health information and share it with professionals who are treating you.

Example: A doctor sends us information about your diagnosis and treatment plan so we can arrange additional services.

Run our organization

- We can use and share your information to run our organization and contact you when necessary.
- We are not allowed to use genetic information to decide whether we will give you coverage and the price of that coverage. This does not apply to long term care plans.

Example: We use health information about you to develop better services for you.

Pay for your health services

We can use and disclose your health information as we pay for your health services.

Example: We share information about you with your dental plan to coordinate payment for your dental work.

Administer your plan

We may disclose your health information to your health plan sponsor for plan administration.

Example: Your company contracts with us to provide a health plan, and we provide your company with certain statistics to explain the premiums we charge.

How else can we use or share your health information?

We are allowed or required to share your information in other ways – usually in ways that contribute to the public good, such as public health and research. We have to meet many conditions in the law before we can share your information for these purposes. For more information, see: www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/noticepp.html.

Help with public health and safety issues

We can share health information about you for certain situations such as:

- Preventing disease
- Helping with product recalls
- Reporting adverse reactions to medications
- Reporting suspected abuse, neglect, or domestic violence
- Preventing or reducing a serious threat to anyone's health or safety

Do research

We can use or share your information for health research.

Comply with the law

We will share information about you if state or federal laws require it, including with the Department of Health and Human Services if it wants to see that we're complying with federal privacy law.

Respond to organ and tissue donation requests and work with a medical examiner or funeral director

- We can share health information about you with organ procurement organizations.
- We can share health information with a coroner, medical examiner, or funeral director when an individual dies.

Address workers' compensation, law enforcement, and other government requests

We can use or share health information about you:

- For workers' compensation claims
- For law enforcement purposes or with a law enforcement official
- With health oversight agencies for activities authorized by law
- For special government functions such as military, national security, and presidential protective services

Respond to lawsuits and legal actions

We can share health information about you in response to a court or administrative order, or in response to a subpoena.

Our Responsibilities

- We are required by law to maintain the privacy and security of your protected health information.
- We will let you know promptly if a breach occurs that may have compromised the privacy or security of your information.
- We must follow the duties and privacy practices described in this notice and give you a copy of it.
- We will not use or share your information other than as described here
 unless you tell us we can in writing. If you tell us we can, you may change
 your mind at any time. Let us know in writing if you change your mind.

For more information, see: www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/noticepp.html.

Changes to the Terms of this Notice

We can change the terms of this notice, and the changes will apply to all information we have about you. The new notice will be available upon request, on our web site, and we will mail a copy to you.

WOMEN'S HEALTH AND CANCER RIGHTS ACT (WHCRA) NOTICES

Enrollment Notice

If you have had or are going to have a mastectomy, you may be entitled to certain benefits under the Women's Health and Cancer Rights Act of 1998 (WHCRA). For individuals receiving mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and the patient, for:

- All stages of reconstruction of the breast on which the mastectomy was performed;
- Surgery and reconstruction of the other breast to produce a symmetrical appearance;
- Prostheses; and
- Treatment of physical complications of the mastectomy, including lymphedema.

These benefits will be provided subject to the same deductibles and coinsurance applicable to other medical and surgical benefits provided under this plan. If you would like more information on WHCRA benefits, call your plan administrator at (785) 922-6521.

Annual Notice

Do you know that your plan, as required by the Women's Health and Cancer Rights Act of 1998, provides benefits for mastectomy-related services including all stages of reconstruction and surgery to achieve symmetry between the breasts, prostheses, and complications resulting from a mastectomy, including lymphedema? Call your plan administrator at (785) 922-6521 for more information.

MENTAL HEALTH PARITY AND ADDICTION EQUITY ACT (MHPAEA) DISCLOSURE

The Mental Health Parity and Addiction Equity Act of 2008 generally requires group health plans and health insurance issuers to ensure that financial requirements (such as co-pays and deductibles) and treatment limitations (such as annual visit limits) applicable to mental health or substance use disorder benefits are no more restrictive than the predominant requirements or limitations applied to substantially all medical/surgical benefits. For information regarding the criteria for medical necessity determinations made under the USD 473 Chapman Welfare Benefit Plan with respect to mental health or substance use disorder benefits, please contact your plan administrator at (3785) 922-6521.

EMPLOYER'S CHILDREN'S HEALTH INSURANCE PROGRAM (CHIP) NOTICE

Premium Assistance Under Medicaid and the Children's Health Insurance Program (CHIP)

If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employer, your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit www.healthcare.gov.

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial **1-877-KIDS NOW** or www.insurekidsnow.gov to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and you must request coverage within 60 days of being determined eligible for premium assistance. If you have questions about enrolling in your employer plan, contact the Department of Labor at www.askebsa.dol.gov or call 1-866-444-EBSA (3272).

KANSAS - Medicaid

Website: http://www.kancare.ks.gov/

Phone: 1-800-792-4884

For additional state information or for more information on special enroller rights, you can contact either:

U.S. Department of Labor Employee Benefits Security Administration www.dol.gov/agencies/ebsa 1-866-444-EBSA (3272)

U.S. Department of Health and Human Services Centers for Medicare and Medicaid Services www.cms.hhs.gov

1-877-267-2323, Menu Option 4, Ext. 61565

MICHELLE'S LAW NOTICE

Note: Pursuant to Michelle's Law, you are being provided with the following notice because the USD 473 Chapman group health plan provides dependent coverage beyond age 26 and bases eligibility for such dependent coverage on student status. Please review the following information with respect to your dependent child's rights under the plan in the event student status is lost.

When a dependent child loses student status for purposes of USD 473 Chapman group health plan coverage as a result of a medically necessary leave of absence from a post-secondary educational institution, the USD 473 Chapman group health plan will continue to provide coverage during the leave of absence for up to one year, or until coverage would otherwise terminate under the USD 473 Chapman group health plan, whichever is earlier.

In order to be eligible to continue coverage as a dependent during such leave of absence:

- The USD 473 Chapman group health plan must receive written certification by a treating physician of the dependent child which states that the child is suffering from a serious illness or injury and that the leave of absence (or other change of enrollment) is medically necessary
- Student must be enrolled in the plan immediately prior to the first day of the medically necessary leave of absence.

To obtain additional information, please contact:

Andrea Koster 822 N Marshall Chapman, Kansas 67431 (785) 922-6521 akoster@usd473.net

NEWBORNS' AND MOTHERS' HEALTH PROTECTION ACT NOTICE

Group health plans and health insurance issuers generally may not, under Federal law, restrict benefits for any hospital length of stay in connection with child-birth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a cesarean section. However, Federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable). In any case, plans and issuers may not, under Federal law, require that a provider obtain authorization from the plan or the insurance issuer for prescribing a length of stay not in excess of 48 hours (or 96 hours).

MEDICARE PART D CREDITABLE COVERAGE NOTICE

Important Notice from USD 473 Chapman About Your Prescription Drug Coverage and Medicare

Please read this notice carefully and keep it where you can find it. This notice has information about your current prescription drug coverage with USD 473 Chapman and about your options under Medicare's prescription drug coverage. This information can help you decide whether or not you want to join a Medicare drug plan. If you are considering joining, you should compare your current coverage, including which drugs are covered at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area. Information about where you can get help to make decisions about your prescription drug coverage is at the end of this notice.

There are two important things you need to know about your current coverage and Medicare's prescription drug coverage:

- Medicare prescription drug coverage became available in 2006 to everyone
 with Medicare. You can get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare Advantage Plan (like an HMO or PPO) that
 offers prescription drug coverage. All Medicare drug plans provide at least
 a standard level of coverage set by Medicare. Some plans may also offer
 more coverage for a higher monthly premium.
- 2. USD 473 Chapman has determined that the prescription drug coverage offered by the USD 473 Chapman Welfare Benefit Plan is, on average for all plan participants, expected to pay out as much as standard Medicare prescription drug coverage pays and is therefore considered Creditable Coverage. Because your existing coverage is Creditable Coverage, you can keep this coverage and not pay a higher premium (a penalty) if you later decide to join a Medicare drug plan.

When Can You Join a Medicare Drug Plan?

You can join a Medicare drug plan when you first become eligible for Medicare and each year from October 15th to December 7th. However, if you lose your current creditable prescription drug coverage, through no fault of your own, you will also be eligible for a two (2) month Special Enrollment Period (SEP) to join a Medicare drug plan.

What Happens to Your Current Coverage If You Decide to Join a Medicare Drug Plan?

If you decide to join a Medicare drug plan, your current USD 473 Chapman coverage will be affected. Plan participants can keep their prescription drug coverage under the group health plan if they select Medicare Part D prescription drug coverage. If they select Medicare Part D prescription drug coverage, the group health plan prescription drug coverage will coordinate with the Medicare Part D prescription drug coverage.

If you do decide to join a Medicare drug plan and drop your current USD 473 Chapman coverage, be aware that you and your dependents will be able to get this coverage back.

When Will You Pay a Higher Premium (Penalty) to Join a Medicare Drug Plan? You should also know that if you drop or lose your current coverage with USD 473 Chapman and don't join a Medicare drug plan within 63 continuous days after your current coverage ends, you may pay a higher premium (a penalty) to join a Medicare drug plan later.

If you go 63 continuous days or longer without creditable prescription drug coverage, your monthly premium may go up by at least 1% of the Medicare base beneficiary premium per month for every month that you did not have that coverage. For example, if you go nineteen months without creditable coverage, your premium may consistently be at least 19% higher than the Medicare base beneficiary premium. You may have to pay this higher premium (a penalty) as long as you have Medicare prescription drug coverage. In addition, you may have to wait until the following October to join.

For More Information About This Notice or Your Current Prescription Drug Coverage

Contact the person listed below for further information call Andrea Koster at (785) 922-6521. NOTE: You'll get this notice each year. You will also get it before the next period you can join a Medicare drug plan, and if this coverage through USD 473 Chapman changes. You also may request a copy of this notice at any time.

For More Information About Your Options Under Medicare Prescription Drug Coverage...

More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & You" handbook. You'll get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare drug plans.

For more information about Medicare prescription drug coverage:

- Visit www.medicare.gov
- Call your State Health Insurance Assistance Program (see the inside back cover of your copy of the "Medicare & You" handbook for their telephone number) for personalized help
- Call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For information about this extra help, visit Social Security on the web at www.socialsecurity.gov, or call them at 1-800-772-1213 (TTY 1-800-325-0778).

Remember: Keep this Creditable Coverage notice. If you decide to join one of the Medicare drug plans, you may be required to provide a copy of this notice when you join to show whether or not you have maintained creditable coverage and, therefore, whether or not you are required to pay a higher premium (a penalty).

Date: 08/28/2020

Name of Entity/Sender: Chapman Public Schools USD 473 Contact--Position/Office: Andrea Koster, Payroll/Benefits Address: 822 N Marshall, Chapman, Kansas 67431

Phone Number: (785) 922-6521

GENETIC INFORMATION NONDISCRIMINATION ACT (GINA) DISCLOSURES

Genetic Information Nondiscrimination Act of 2008

The Genetic Information Nondiscrimination Act of 2008 ("GINA") protects employees against discrimination based on their genetic information. Unless otherwise permitted, your Employer may not request or require any genetic information from you or your family members.

The Genetic Information Nondiscrimination Act of 2008 (GINA) prohibits employers and other entities covered by GINA Title II from requesting or requiring genetic information of an individual or family member of the individual, except as specifically allowed by this law. To comply with this law, we are asking that you not provide any genetic information when responding to this request for medical information. "Genetic information," as defined by GINA, includes an individual's family medical history, the results of an individual's or family member's genetic tests, the fact that an individual or an individual's family member sought or received genetic services, and genetic information of a fetus carried by an individual or an individual's family member or an embryo lawfully held by an individual or family member receiving assistive reproductive services.

GENERAL NOTICE OF COBRA RIGHTS

(For use by single-employer group health plans)
Continuation Coverage Rights Under COBRA

Introduction

You're getting this notice because you recently gained coverage under a group health plan (the Plan). This notice has important information about your right to COBRA continuation coverage, which is a temporary extension of coverage under the Plan. This notice explains COBRA continuation coverage, when it may become available to you and your family, and what you need to do to protect your right to get it. When you become eligible for COBRA, you may also become eligible for other coverage options that may cost less than COBRA continuation coverage.

The right to COBRA continuation coverage was created by a federal law, the Consolidated Omnibus Budget Reconciliation Act of 1985 (COBRA). COBRA continuation coverage can become available to you and other members of your family when group health coverage would otherwise end. For more information

about your rights and obligations under the Plan and under federal law, you should review the Plan's Summary Plan Description or contact the Plan Administrator.

You may have other options available to you when you lose group health coverage. For example, you may be eligible to buy an individual plan through the Health Insurance Marketplace. By enrolling in coverage through the Marketplace, you may qualify for lower costs on your monthly premiums and lower out-of-pocket costs. Additionally, you may qualify for a 30-day special enrollment period for another group health plan for which you are eligible (such as a spouse's plan), even if that plan generally doesn't accept late enrollees.

What is COBRA continuation coverage?

COBRA continuation coverage is a continuation of Plan coverage when it would otherwise end because of a life event. This is also called a "qualifying event." Specific qualifying events are listed later in this notice. After a qualifying event, COBRA continuation coverage must be offered to each person who is a "qualified beneficiary." You, your spouse, and your dependent children could become qualified beneficiaries if coverage under the Plan is lost because of the qualifying event. Under the Plan, qualified beneficiaries who elect COBRA continuation coverage must pay for COBRA continuation coverage.

If you're an employee, you'll become a qualified beneficiary if you lose your coverage under the Plan because of the following qualifying events:

- Your hours of employment are reduced, or
- Your employment ends for any reason other than your gross misconduct.

If you're the spouse of an employee, you'll become a qualified beneficiary if you lose your coverage under the Plan because of the following qualifying events:

- Your spouse dies;
- Your spouse's hours of employment are reduced;
- Your spouse's employment ends for any reason other than his or her gross misconduct;
- Your spouse becomes entitled to Medicare benefits (under Part A, Part B, or both); or
- You become divorced or legally separated from your spouse.

Your dependent children will become qualified beneficiaries if they lose coverage under the Plan because of the following qualifying events:

- The parent-employee dies;
- The parent-employee's hours of employment are reduced;
- The parent-employee's employment ends for any reason other than his or her gross misconduct;
- The parent-employee becomes entitled to Medicare benefits (Part A, Part B, or both);
- The parents become divorced or legally separated; or
- The child stops being eligible for coverage under the Plan as a "dependent child."

When is COBRA continuation coverage available?

The Plan will offer COBRA continuation coverage to qualified beneficiaries only after the Plan Administrator has been notified that a qualifying event has occurred. The employer must notify the Plan Administrator of the following qualifying events:

- The end of employment or reduction of hours of employment;
- Death of the employee;
- The employee's becoming entitled to Medicare benefits (under Part A, Part B, or both).

For all other qualifying events (divorce or legal separation of the employee and spouse or a dependent child's losing eligibility for coverage as a dependent child), you must notify the Plan Administrator within 60 days after the qualifying event occurs. You must provide this notice to:

Andrea Koster Payroll/Benefits 822 N Marshall Chapman, Kansas 67431 (785) 922-6521 akoster@usd473.com

How is COBRA continuation coverage provided?

Once the Plan Administrator receives notice that a qualifying event has occurred, COBRA continuation coverage will be offered to each of the qualified beneficiaries. Each qualified beneficiary will have an independent right to elect COBRA continuation coverage. Covered employees may elect COBRA continuation coverage on behalf of their spouses, and parents may elect COBRA continuation coverage on behalf of their children.

COBRA continuation coverage is a temporary continuation of coverage that generally lasts for 18 months due to employment termination or reduction of hours of work. Certain qualifying events, or a second qualifying event during the initial period of coverage, may permit a beneficiary to receive a maximum of 36 months of coverage.

There are also ways in which this 18-month period of COBRA continuation coverage can be extended:

Disability extension of 18-month period of COBRA continuation coverage

If you or anyone in your family covered under the Plan is determined by Social Security to be disabled and you notify the Plan Administrator in a timely fashion, you and your entire family may be entitled to get up to an additional 11 months of COBRA continuation coverage, for a maximum of 29 months. The disability would have to have started at some time before the 60th day of COBRA continuation coverage and must last at least until the end of the 18-month period of COBRA continuation coverage.

Second qualifying event extension of 18-month period of continuation coverage

If your family experiences another qualifying event during the 18 months of COBRA continuation coverage, the spouse and dependent children in your family can get up to 18 additional months of COBRA continuation coverage, for a maximum of 36 months, if the Plan is properly notified about the second qualifying event. This extension may be available to the spouse and any dependent children getting COBRA continuation coverage if the employee or former employee dies; becomes entitled to Medicare benefits (under Part A, Part B, or both); gets divorced or legally separated; or if the dependent child stops being eligible under the Plan as a dependent child. This extension is only available if the second qualifying event would have caused the spouse or dependent child to lose coverage under the Plan had the first qualifying event not occurred.

Are there other coverage options besides COBRA Continuation Coverage?

Yes. Instead of enrolling in COBRA continuation coverage, there may be other coverage options for you and your family through the Health Insurance Marketplace, Medicaid, CHIP), or other group health plan coverage options (such as a spouse's plan) through what is called a "special enrollment period." Some of these options may cost less than COBRA continuation coverage. You can learn more about many of these options at www.healthcare.gov.

Can I enroll in Medicare instead of COBRA continuation coverage after my group health plan coverage ends?

In general, if you don't enroll in Medicare Part A or B when you are first eligible because you are still employed, after the Medicare initial enrollment period, you have an 8-month special enrollment period² to sign up for Medicare Part A or B, beginning on the earlier of

- The month after your employment ends; or
- The month after group health plan coverage based on current employment ends.

If you don't enroll in Medicare and elect COBRA continuation coverage instead, you may have to pay a Part B late enrollment penalty and you may have a gap in coverage if you decide you want Part B later. If you elect COBRA continuation coverage and later enroll in Medicare Part A or B before the COBRA continuation coverage ends, the Plan may terminate your continuation coverage. However, if Medicare Part A or B is effective on or before the date of the COBRA election, COBRA coverage may not be discontinued on account of Medicare entitlement, even if you enroll in the other part of Medicare after the date of the election of COBRA coverage.

If you are enrolled in both COBRA continuation coverage and Medicare, Medicare will generally pay first (primary payer) and COBRA continuation coverage will pay second. Certain plans may pay as if secondary to Medicare, even if you are not enrolled in Medicare.

For more information visit https://www.medicare.gov/medicare-and-you.

If you have questions

Questions concerning your Plan or your COBRA continuation coverage rights should be addressed to the contact or contacts identified below. For more information about your rights under the Employee Retirement Income Security Act (ERISA), including COBRA, the Patient Protection and Affordable Care Act, and other laws affecting group health plans, contact the nearest Regional or District

Office of the U.S. Department of Labor's Employee Benefits Security Administration (EBSA) in your area or visit www.dol.gov/ebsa. (Addresses and phone numbers of Regional and District EBSA Offices are available through EBSA's website.) For more information about the Marketplace, visit www.healthcare.gov.

Keep your Plan informed of address changes

To protect your family's rights, let the Plan Administrator know about any changes in the addresses of family members. You should also keep a copy, for your records, of any notices you send to the Plan Administrator.

Plan contact information

Chapman Public Schools USD 473 Andrea Koster 822 N Marshall Chapman, Kansas 67431 (785) 922-6521 akoster@usd473.net

PAPERWORK REDUCTION ACT STATEMENT

According to the Paperwork Reduction Act of 1995 (Pub.L. 104-130) (PRA), no persons are required to respond to a collection of information unless such collection displays a valid Office of Management and Budget (OMB) control number. The Department notes that that a Federal agency can not conduct or sponsor a collection of information unless it is approved by OMB under the PRA, and displays a currently valid OMB control number, and the public is not required to respond to a collection of information unless it displays a currently valid OMB control number. See 44 U.S.C. 3507. Also, notwithstanding any other provisions of law, no person shall be subject to penalty for failing to comply with a collection of information if the collection of information does not display a current valid OMB control number. See 44 U.S.C. 3512.

The Public reporting burden for this collection of information is estimated to average approximately seven minutes per respondent. Interested parties are encouraged to send comments regarding the burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to the U.S. Department of Labor, Employee Benefits Security Administration, Office of Policy and Research, Attention: PRA Clearance Officer, 200 Constitution Ave, N. W., Room N-5718 Washington, DC 20210 or email ebsa.opr@dol.gov and reference the OMB Control Number

GENERAL FMLA NOTICE

EMPLOYEE RIGHTS UNDER THE FAMILY AND MEDICAL LEAVE ACT

The United States Department of Labor Wage and Hour Division Leave Entitlements

Eligible employees who work for a covered employer can take up to 12 weeks of unpaid, job-protected leave in a 12-month period for the following reasons:

- The birth of a child or placement of a child for adoption or foster care;
- To bond with a child (leave must be taken within 1 year of the child's birth or placement);
- To care for the employee's spouse, child, or parent who has a qualifying serious health condition;
- For the employee's own qualifying serious health condition that makes the employee unable to perform the employee's job;
- For qualifying exigencies related to the foreign deployment of a military member who is the employee's spouse, child, or parent.

An eligible employee who is a covered servicemember's spouse, child, parent, or next of kin may also take up to 26 weeks of FMLA leave in a single 12-month period to care for the servicemember with a serious injury or illness.

An employee does not need to use leave in one block. When it is medically necessary or otherwise permitted, employees may take leave intermittently or on a reduced schedule.

Employees may choose, or an employer may require, use of accrued paid leave while taking FMLA leave. If an employee substitutes accrued paid leave for FMLA leave, the employee must comply with the employer's normal paid leave policies.

Benefits & Protections

While employees are on FMLA leave, employers must continue health insurance coverage as if the employees were not on leave.

Upon return from FMLA leave, most employees must be restored to the same job or one nearly identical to it with equivalent pay, benefits, and other employment terms and conditions.

An employer may not interfere with an individual's FMLA rights or retaliate against someone for using or trying to use FMLA leave, opposing any practice made unlawful by the FMLA, or being involved in any proceeding under or related to the FMLA.

Eligibility Requirements

An employee who works for a covered employer must meet three criteria in order to be eligible for FMLA leave. The employee must:

- Have worked for the employer for at least 12 months;
- Have at least 1,250 hours of service in the 12 months before taking leave,*
 and
- Work at a location where the employer has at least 50 employees within 75 miles of the employee's worksite.

*Special "hours of service" requirements apply to airline flight crew employees.

Requesting Leave

Generally, employees must give 30-days' advance notice of the need for FMLA leave. If it is not possible to give 30-days' notice, an employee must notify the employer as soon as possible and, generally, follow the employer's usual procedures

Employees do not have to share a medical diagnosis, but must provide enough information to the employer so it can determine if the leave qualifies for FMLA protection. Sufficient information could include informing an employer that the employee is or will be unable to perform his or her job functions, that a family member cannot perform daily activities, or that hospitalization or continuing medical treatment is necessary.

Employees must inform the employer if the need for leave is for a reason for which FMLA leave was previously taken or certified.

Employers can require a certification or periodic recertification supporting the need for leave. If the employer determines that the certification is incomplete, it must provide a written notice indicating what additional information is required.

Employer Responsibilities

Once an employer becomes aware that an employee's need for leave is for a reason that may qualify under the FMLA, the employer must notify the employee if he or she is eligible for FMLA leave and, if eligible, must also provide a notice of rights and responsibilities under the FMLA. If the employee is not eligible, the employer must provide a reason for ineligibility.

Employers must notify its employees if leave will be designated as FMLA leave, and if so, how much leave will be designated as FMLA leave.

Enforcement

Employees may file a complaint with the U.S. Department of Labor, Wage and Hour Division, or may bring a private lawsuit against an employer.

The FMLA does not affect any federal or state law prohibiting discrimination or supersede any state or local law or collective bargaining agreement that provides greater family or medical leave rights.

For additional information or to file a complaint: 1-866-4-USWAGE (1-866-487-9243) TTY: 1-877-889-5627 www.dol.gov/whd

U.S. Department of Labor | Wage and Hour Division

USERRA NOTICE

Your Rights Under USERRA

A. The Uniformed Services Employment and Reemployment Rights Act USERRA protects the job rights of individuals who voluntarily or involuntarily leave employment positions to undertake military service or certain types of service in the National Disaster Medical System. USERRA also prohibits employers from discriminating against past and present members of the uniformed services, and applicants to the uniformed services.

B. Reemployment Rights

You have the right to be reemployed in your civilian job if you leave that job to perform service in the uniformed service and:

- You ensure that your employer receives advance written or verbal notice of your service;
- You have five years or less of cumulative service in the uniformed services while with that particular employer;
- You return to work or apply for reemployment in a timely manner after conclusion of service: and
- You have not been separated from service with a disqualifying discharge or under other than honorable conditions.

If you are eligible to be reemployed, you must be restored to the job and benefits you would have attained if you had not been absent due to military service or, in some cases, a comparable job.

C. Right To Be Free From Discrimination and Retaliation

If you

- Are a past or present member of the uniformed service;
- Have applied for membership in the uniformed service; or
- Are obligated to serve in the uniformed service; then an employer may not deny you
 - Initial employment;
- Reemployment;
- Retention in employment;
- Promotion; or
- Any benefit of employment because of this status.

In addition, an employer may not retaliate against anyone assisting in the enforcement of USERRA rights, including testifying or making a statement in connection with a proceeding under USERRA, even if that person has no service connection.

D. Health Insurance Protection

- If you leave your job to perform military service, you have the right to elect to continue your existing employer-based health plan coverage for you and your dependents for up to 24 months while in the military.
- Even if you do not elect to continue coverage during your military service, you have the right to be reinstated in your employer's health plan when you are reemployed, generally without any waiting periods or exclusions (e.g., pre-existing condition exclusions) except for service-connected illnesses or injuries.

E. Enforcement

 The U.S. Department of Labor, Veterans' Employment and Training Service (VETS) is authorized to investigate and resolve complaints of USERRA violations

For assistance in filing a complaint, or for any other information on USERRA, contact VETS at 1-866-4-USADOL or visit its Web site at http://www.dol.gov/vets. An interactive online USERRA Advisor can be viewed at http://www.dol.gov/elaws/userra.htm.

- If you file a complaint with VETS and VETS is unable to resolve it, you may request that your case be referred to the Department of Justice or the Office of Special Counsel, as applicable, for representation.
- You may also bypass the VETS process and bring a civil action against an employer for violations of USERRA.

The rights listed here may vary depending on the circumstances. The text of this notice was prepared by VETS, and may be viewed on the Internet at this address: http://www.dol.gov/vets/programs/userra/poster.htm. Federal law requires employers to notify employees of their rights under USERRA, and employers may meet this requirement by displaying the text of this notice where they customarily place notices for employees. U.S. Department of Labor, Veterans' Employment and Training Service, 1-866-487-2365.

Refer to this list when you need to contact one of your benefit vendors.

For general information contact Personnel Services.

Employee	Customer Service Contacts	
Company	Website	Phone Number
Blue Cross Blue Shield of Kansas	www.bcbsks.com	800-432-3990
Delta Dental of Kansas	www.deltadentalks.com	800-234-3375
VSP – MetLife	www.metlife.com	800-275-4638
BayBridge Administrators	baybridge.wealthcareportal.com	800-845-7519
H	Benefit Consultant	
Company	Contact	Phone Number
Pathway Financial Solutions	John Webb, Kelli Webb, Jordan Webb,	785-820-8161
	Eddie Balluch, Travis Schroeder, Brad Veenendaal	
	pathway@ofgfinancial.com	
Tax Sheltered A	Accounts - 403(b) & Roth 403(b)	
Company Age	ent & Phone	
Security Benefit Life	888-756-6670 John Webb Kelli Webb	
	Jordon Webb Eddie Balluch Travis Schroeder Brad Veenendaal	
Ameriprise Financial Service	Eddie Balluch Travis Schroeder	
Ameriprise Financial Service Primerica Shareholder Service	Eddie Balluch Travis Schroeder Brad Veenendaal	
•	Eddie Balluch Travis Schroeder Brad Veenendaal Lorraine McClain 785-263-0143 Elba Unruh 785-826-6996 Robert McConnell 316-630-0066	
Primerica Shareholder Service	Eddie Balluch Travis Schroeder Brad Veenendaal Lorraine McClain 785-263-0143 Elba Unruh 785-826-6996 Robert McConnell 316-630-0066 Thomas Pool 316-630-0066	
Primerica Shareholder Service Thrivent Financial	Eddie Balluch Travis Schroeder Brad Veenendaal Lorraine McClain 785-263-0143 Elba Unruh 785-826-6996 Robert McConnell 316-630-0066 Thomas Pool 316-630-0066 800-847-4836 April Barker 785-263-7496	
Primerica Shareholder Service Thrivent Financial	Eddie Balluch Travis Schroeder Brad Veenendaal Lorraine McClain 785-263-0143 Elba Unruh 785-826-6996 Robert McConnell 316-630-0066 Thomas Pool 316-630-0066 800-847-4836 April Barker 785-263-7496 Julia Boggs 785-537-4505 Ext. 140	Phone Number

Benefits Provided By

Pathway Financial Solutions, Salina, Kansas

Pathway Financial Solutions is a full service branch office of Topeka based OFG Financial Services, Inc. Since 1992, John and Kelli Webb have worked with school districts to provide comprehensive Sec. 125 benefits and retirement planning services to thousands of public school employees. In 2014 Jordan Webb joined our organization, then Eddie Balluch in 2016, Travis Schroeder in 2019 and Brad Veenendaal in 2021. This has allowed us to further expand our service capabilities. In addition to these five financial professionals, we have additional customer service support with Daniel Crotinger, Client Service Specialist, who joined our firm in 2019, and two additional assistants, Donella Hughes, who has been with us for more than 10 years, and Nicole Johnson who also joined our firm in 2022. Jami Simmons, who will continue to assist with benefit enrollments, is now leading our office in individual insurance solutions including Medicare Supplements. Our branch office currently services Sec. 125 and voluntary 403(b) plans in over 30 school districts. We also service employer matching 403(b) plans, employer prefunded 403(b) plans, and employer post retirement funding 403(b) plans in over 20 school districts. Each member of our staff and their families were born and raised in Kansas with deep ties to our communities and to our local schools. We strive to give back to Kansas through our memberships in various organizations, and through volunteering in our community, churches, and schools.

John Webb, Kelli Webb, Jordan Webb, Eddie Balluch, Travis Schroeder and Brad Veenendaal

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